



REQUEST AND RECOMMENDATION

ONE YEAR OPTION

900+ Clock Hour Programs – Massage Therapy

Background:

To provide another option for adult students to apply prior learning toward a degree, Ohio legislators established what has come to be known as the One-Year-Option through Section 363.120 House Bill 59 of the 130th General Assembly. The Chancellor of the Ohio Department of Higher Education, in consultation with the Superintendent of Public Instruction and the Governor's Office of Workforce Transformation, was tasked to establish a One-Year Option credit articulation system in which graduates of Ohio's adult career-technical institutions who complete a 900-hour program of study AND obtain an industry-recognized credential approved by the Chancellor will be able to receive 30 technical semester credit hours toward a technical degree upon enrollment in a public institution of higher education. The Chancellor was also to recommend a process to award proportional semester credit hours for adult career-technical institution students who complete a program of study between 600 and 899 hours AND obtain an industry-recognized credential approved by the Chancellor. The Chancellor convened a broad group of stakeholders to develop a system of articulation for the One Year Option that was presented in a report to the legislature called, *"Getting to 30: Establishing a One Year Option Credit Articulation System for Ohio."*

In order to implement the system of articulation developed with the stakeholders as well as address accreditation requirements for degree granting institutions, the Chancellor convened Credit Affirmation Teams (CATs) to conduct a peer review of programs and certifications for affirmation for a block of 30 semester hours of technical credit. The CATs were comprised of faculty and administrators from Ohio Technical Centers (OTCs) and an equal number from public degree granting colleges and universities in Ohio. The CATs were organized by four discipline clusters: Health and Allied Health, Building and Industrial Technology, Business and Information Technology, and Services. They were charged with reviewing the certifications and, if necessary, program content, to affirm that students completing the selected program at an Ohio Technical Center and earned approved certifications had demonstrated competencies equivalent to 30 semester hours of technical credit. This technical credit would then be granted, as a block, upon enrollment in a degree granting institution. Additional subject matter experts were consulted when core team members did not have sufficient content knowledge of the program being reviewed.

Recommendation

As detailed in the attached template, the Health and Allied Health Credit Affirmation Team recommends that students will be eligible for a block of 30 semester hours of technical credit towards an *Associate of Technical Studies in Health and Allied Health Technology* when:

- the student has successfully completed a 900+ clock hour program in Massage Therapy at an Ohio Technical Center.

And currently holds the following credential:

- State of Ohio Massage Therapy license

Please note this license must be current, valid, and in good standing.



Department of
Higher Education

John R. Kasich, Governor
John Carey, Chancellor

End of Comment Period: March 15, 2017 at 9:00 am
No comments received, recommend approval

RECOMMENDATION

The Vice Chancellor has verified that this institution has met the standards and requirements of the Ohio Department of Higher Education.

Stephanie Davidson, Vice Chancellor of Academic Affairs

3/17/17

Date

APPROVAL

John Carey, Chancellor

3/21/17

Date

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One-Year Option
Certification Affirmation Template

The Program Affirmation Template is designed to provide a common matrix for a peer review process acceptable to the Higher Learning Commission to soundly affirm award 30 semester hours of technical credit for Ohio Technical Center graduates who are eligible for the One Year Option. The template should be completed for every program/subject and signed by the co-chairs of each of the four cluster program areas for every Industry-recognized credential and program reviewed.

Please note: All Ohio Technical Centers must be accredited by one of the following: [Council on Occupational Education \(COE\)](#) and/or [Accrediting Commission of Career Schools and Colleges \(ACCSC\)](#).

Program Name: Massage Therapy	Cluster <input type="checkbox"/> Business & Information Technologies <input checked="" type="checkbox"/> Health/Allied Health <input type="checkbox"/> Industrial Trades <input type="checkbox"/> Service Industries & Agriculture	
CIP Code: 51.3501		
STEP ONE: CREDENTIAL REVIEW		
	Details/Explanation	Comments
Primary Industry Credential (if there are competing certifications complete page multiple times)	Name: State of Ohio Massage Therapy License Type: <input checked="" type="checkbox"/> License <input type="checkbox"/> Registry <input type="checkbox"/> Certification	After completion of a Medical Massage Therapy program, the graduate will need to apply for licensure through the State Medical Board of Ohio. Applications consist of fee, BCI&FBI, & Completion Certificate submitted by the Program administrator. The requirements for eligibility to take the MBLEx and to obtain a license/registration are determined by the State Medical Board of Ohio.
Program requirements by credentialing body.	Requirements to Administer Massage Therapy Program as specified in Rule 4731-1-16 Ohio Administrative Code (OAC) and Regulated by State Medical Board of Ohio includes: 1. As specified in Rule 4731-1-16 Ohio Administrative Code, all institution offering a Massage Therapy program are required to implement a core curriculum that contains the following: Anatomy and physiology; pathology: 325 clock hours; Massage theory and practical, including hygiene: 325 clock hours; Ethics: 25 clock hours, at least 10 of which shall be in a class dedicated exclusively to ethics. For purposes of this rule, "ethics" shall be	Massage Therapy programs as required by Law and Rule must have a minimum of 750 clock hours and course instruction not less than 9 months. Licensure renewal is every 2 years and applicants must complete the following requirements: 1. Pass a complete verification assessment or; 2. Complete six (6) hours of public safety courses annually, or Complete at least three (3) of the six hours of

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defined to include sexual boundary issues and impairment and chemical dependency issues; Business and law: 25 clock hours; and such other subjects as the board deems necessary and appropriate to massage therapy: 50 clock hours. Required to perform, on a LMT, at least one therapeutic massage. Must demonstrate at least minimally acceptable competency. Clinical activities are supervised and may not exceed 10% of required clock hours in the theory and practical category of the program.

2. A Massage Therapy or clinical practice instructor shall be a high school graduate or equivalent, shall be currently licensed in Ohio in the applicable limited branch and shall have practiced in the applicable limited branch for a minimum of three years.
3. A classroom instructor teaching basic science or general education courses shall hold a bachelor's degree with a concentration in the discipline in which that instructor is providing instruction. The requirements of this paragraph may be waived for faculty with certification by a recognized body of authority or who, on the date this rule becomes effective, have taught the course for more than one year at a limited branch school that holds a certificate of good standing issued by the board.
4. Students may be given credit for off-site clinical activities. Such credit may not exceed ten percent of the required clock hours in the theory and practical category of the program. The off-site clinical activities shall be conducted under the direction and on-site supervision of an appropriately licensed practitioner. The school shall be required to enter into a written affiliation agreement with a representative of the facility where the off-site clinical activities are being provided.

Any person seeking a certificate to practice massage therapy shall have passed the [MBLEx](#) available through the Federation of State Massage Therapy Boards (FSMTB). MBLEx means the Massage and Bodywork Licensing Examination as prepared by the Federation of State Massage Therapy Boards (FSMTB). The MBLEx has a fixed length of 100 questions and is a computer adaptive test.

public safety courses with the remaining hours being exchanged for certain Professional Development Activities.

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Candidates must answer every question in the order presented. With computerized adaptive testing, when a candidate answers a question correctly, the next question has a slightly higher level of difficulty. The difficulty level of questions presented to the candidate continues to increase until a question is answered incorrectly. Then a slightly easier question is presented. In this way, the exam is customized to the candidate's ability level. Each candidate must answer enough difficult questions to achieve a score that is at or above the passing standard.

Curriculum Requirements as specified by [Federation of State Massage Therapy Boards \(FSMTB\)](https://fsmtb.org/userfiles/PDFs/as_of_July_2014_Content_Outline.pdf) include:

- 12% - Anatomy and Physiology system structure and functions; Tissue injury and repair; concepts of energetic anatomy
- 11% - Kinesiology- components and characteristics of muscles; concepts of muscle contractions; proprioceptors; location, attachments, actions, and fiber direction of muscles; joint structure and function; range of motion (active, passive, resistance)
- 13% - Pathology, contraindications, areas of populations – Overview of pathologies; Contraindications; Areas of caution; Special populations; and classes of medications.
- 14% - Benefits and physiological effects of techniques that manipulate soft tissue – Identification of the physiological effects of soft tissue manipulation; Psychological aspects and benefits of touch; Benefits of soft tissue manipulation for specific client populations; Soft tissue techniques; and Hot and cold applications.
- 17% - Client assessment, reassessment and treatment planning: Organization of massage/bodywork session; Client consultation and evaluation; Written data collection; Visual assessment; Palpation assessments; Range of Motion Assessments; and Clinical reasoning.
- 5% - overview of massage & body work modalities/Culture/History
- 15% - Ethics, boundaries, laws, regulations: Ethical behavior;

Based on 2013 Massage and Bodywork Licensing examination outline by Federation of State Massage Therapy Board (FSMTB).

https://fsmtb.org/userfiles/PDFs/as_of_July_2014_Content_Outline.pdf

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	<p>Professional boundaries; Code of ethics violations; The therapeutic relationship; Dual relationships; sexual misconduct; Massage/bodywork-related laws and regulations; Scope of practice; Professional communication; Confidentiality; and Principles.</p> <ul style="list-style-type: none"> 13% Guidelines for Professional Practice: Proper and safe use of equipment and supplies; Therapist hygiene; Sanitation and cleanliness; Safety practices; Therapist care; Draping; Business Practices; and Healthcare and business terminology. 	
<p>Hour Requirements (includes any instructional, lab/practice hours, or internship hours).</p>	<p>750 hours minimum as required by law As specified in Rule 4731-1-16 OAC:</p> <ul style="list-style-type: none"> 325 Clock Hours in Anatomy and physiology; 325 Clock Hours in pathology; 325 Clock Hours in Massage theory and practical, including hygiene: 25 Clock Hours in Ethics, at least 10 of which shall be in a class dedicated exclusively to ethics. 25 Clock Hours in Business and law; and 50 Clock hours in such other subjects as the board deems necessary and appropriate to massage therapy: Required to perform, on a LMT, at least one therapeutic massage. Must demonstrate at least minimally acceptable competency. Clinical activities are supervised and may not exceed 10% of required clock hours in the theory and practical category of the program. 	<ul style="list-style-type: none"> Programs offering Massage Therapy by expanding skills, lab, and practicum hours by an additional 150 hours are eligible to earn 30 semester hours
<p>Competencies demonstrated by credential attainment.</p>	<p>The Massage Therapy program prepares students with the knowledge and skills necessary to manipulate the soft tissue muscles of the body. Massage is used for a variety of reasons: treating painful ailments, decompressing tired and overworked muscles, reducing stress, rehabilitating sports injuries, and promotion of general health.</p> <p>A licensed massage therapist can perform the following skills:</p> <ul style="list-style-type: none"> Treat disorders of the human body by the manipulation of 	<p>Are the competencies signaled by credential attainment worth 30 credit hours:</p> <p><input type="checkbox"/> Yes</p> <p><input checked="" type="checkbox"/> No, because in addition to earning a State of Ohio Massage Therapy license, students must also complete an Ohio Technical Center program that has an additional 150 hours of skills lab beyond the 750 hours as required by law in order to be eligible</p>

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	<p>soft tissue through the systematic external application of massage techniques including touch, stroking, friction, vibration, percussion, kneading, stretching, compression, and joint movements within the normal physiologic range of motion; and adjunctive thereto, the external application of water, heat, cold, topical preparations, and mechanical devices.</p> <ul style="list-style-type: none">• Evaluate whether the application of massage therapy is advisable.• Provide information or education consistent with that evaluation, including referral to an appropriate licensed health care professional, provided that any form of treatment advised by a massage therapist falls within the scope of practice of, and relates directly to a condition that is amenable to treatment by, a massage therapist.• In determining whether the application of massage therapy is advisable, a massage therapist shall be limited to taking a written or verbal inquiry, visual inspection including observation of range of motion, touch, and the taking of a pulse, temperature and blood pressure.• Treat temporomandibular joint dysfunction provided that the patient has been directly referred in writing for such treatment to the massage therapist by a physician currently licensed, by a chiropractor currently, or a dentist.• Graduates may be employed in area hospitals, chiropractic offices, private and public businesses such as YMCA, and Spas.	to receive 30 semester hours of credit.
Rationale	<p>All Massage Therapy Programs in Ohio are approved and regulated by the State Medical Board of Ohio. Although it is not required, some programs are nationally accredited. Curriculum is based on the standards as set forth in Rule 4731-1-16 OAC. Essential competencies are covered in this core curriculum and consistent with MBLEx's test plan. Pearson VUE, the global leader in electronic testing for regulatory and other credentialing boards, is the professional testing agency contracted by FSMTB to assist in the administration, scoring, and reporting of the MBLEx. As specified in Rule 4731-1-12 OAC, the passing performance for the examination as reported by the federation of state massage therapy boards shall constitute successful completion of the examination. A licensee is required to maintain competency through continuing education and practice.</p>	

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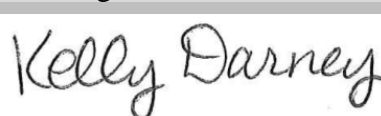
The State Medical Board of Ohio requires all Massage Therapy programs to be at least 750 hours with at least 90% of those hours being classroom based. Programs that meet only the minimum fall short of the necessary 900 hours to receive the block of 30 technical credits. However, programs offering Massage Therapy with more than 900 hours that includes at least 150 additional skills, lab, and/or practicum hours are eligible to earn 30 semester hours.

Taking the state regulation of the exam, rigor of the program, and the review of content, the Health Credit Affirmation Team believes that attaining the State of Ohio Massage Therapy license following completion of a 900+ hour Ohio Technical Center Massage Therapy program that includes at least 150 additional skills, lab, and/or practicum hours beyond the required 750 clock hours to be equivalent to a block of 30 technical credits for the One Year Option.

ONLY IF NECESSARY TO AFFIRM 30 CREDITS----STEP TWO: PROGRAM-RELATED COMPETENCIES OBTAINED OUTSIDE OF PRIMARY CREDENTIAL

	Details/Explanation	Comments
Additional related complementary credential(s) or badge(s) (e.g. OSHA 10, CPR).		
Competencies demonstrated by additional credential attainment.		
Description of additional program elements beyond primary credential.	Students must complete a program that includes at least 150 hours of skills, lab, and/or practicum hours beyond the required 750 hours in order to be eligible to receive credit from the One Year Option.	
Program related competencies/learning outcomes outside of credential(s). Include how competencies are demonstrated.		
Other Parameters of Competency.		

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Related Programs as of Fall 2015:	Ohio Technical Center Collins Career Center Pickaway-Ross Career & Technology Center	Program Name Massage Therapy Massage Therapy	Clock Hours 1000 900																																	
Committee Members and Subject Matter Experts:	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 25%;">Name</th> <th style="width: 25%;">Role</th> <th style="width: 50%;">Institution</th> </tr> </thead> <tbody> <tr> <td>Chad Brown</td> <td>Co-Chair</td> <td>Zane State College</td> </tr> <tr> <td>Kelly Darney</td> <td>Co-Chair</td> <td>Columbiana County Career and Technical Center</td> </tr> <tr> <td>Darline Foltz</td> <td>Member</td> <td>University of Cincinnati: Clermont College</td> </tr> <tr> <td>Stacy Franks King</td> <td>Member</td> <td>Tri-County Adult Career Center</td> </tr> <tr> <td>Jennifer Hall</td> <td>Member</td> <td>Cincinnati State Technical and Community College</td> </tr> <tr> <td>Emeline Kelly</td> <td>Member</td> <td>Tri-Rivers Career Center</td> </tr> <tr> <td>Barbara Mikuszewski</td> <td>Member</td> <td>Cuyahoga Community College</td> </tr> <tr> <td>Deborah Neal</td> <td>Member</td> <td>Scioto County Career Technical Center</td> </tr> <tr> <td>Jami Nininger</td> <td>Member</td> <td>Knox County Career Center</td> </tr> <tr> <td>Kathy Wilcox</td> <td>Member</td> <td>Clark State Community College</td> </tr> </tbody> </table>			Name	Role	Institution	Chad Brown	Co-Chair	Zane State College	Kelly Darney	Co-Chair	Columbiana County Career and Technical Center	Darline Foltz	Member	University of Cincinnati: Clermont College	Stacy Franks King	Member	Tri-County Adult Career Center	Jennifer Hall	Member	Cincinnati State Technical and Community College	Emeline Kelly	Member	Tri-Rivers Career Center	Barbara Mikuszewski	Member	Cuyahoga Community College	Deborah Neal	Member	Scioto County Career Technical Center	Jami Nininger	Member	Knox County Career Center	Kathy Wilcox	Member	Clark State Community College
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AFFIRMED NUMBER OF TECHNICAL BLOCK CREDITS	30 semester hours		LENGTH OF TIME CREDENTIAL CAN BE USED FOR ONE-YEAR OPTION: Must have completed a 900+ hour Massage Therapy program at an Ohio Technical Center that includes 150 extra skill or lab hours beyond the 750 required by law, and hold State of Ohio Massage Therapy license. Please note this license must be current, valid, and in good standing.																																	
Co-chair signatures:																																				
 Chad Brown, Provost and Executive Vice President Zane State College		 Kelly Darney, Adult Education Director Columbiana County Career & Technical Center																																		
Date: 5/26/2015																																				

Please note that once approved, this version will replace the version previously approved on 7/30/15.